

Dear Parents and Students:

Your son or daughter has indicated a desire to participate in interscholastic sports. Your family interest in this phase of our school program is gratifying. We believe that participation in sports provides a wealth of opportunities and experiences which assist students in personal adjustments. The athletic handbook is a means of conveying to our parents and students the high expectations and support that we have for all of our athletes.

The Westport Central School District understands that interscholastic athletics are a significant part of the educational process. The combination of academics and athletics enhances the quality of students' lives and expands their options for learning and personal growth. Athletics provide an educational opportunity in which students can learn essential life lessons beyond those that can be learned in an academic classroom. Essential requirements of participation in athletics such as teamwork, the mental and physical challenges of training and competition, and the experience of winning and losing graciously and respectfully are important life lessons in every student's developmental experience. These lessons will serve students well in their future.

Developing good character habits requires time and effort. Coaches, parents and other stakeholders can help students develop such habits by continually discussing, modeling and reinforcing the desired attitudes and beliefs over time.

We also understand that participation on an athletic team or teams demands commitments that involve: both dedication and sacrifice. This is required of not only student athletes, but also the coaches and parents.

The purpose of this document is to define the positive expectations that we have for coaches, parents and athletes that are necessary for a well-organized program of athletics. In addition, we will establish the positive behavior and achievement expectations, while defining the consequences for behavior that is "out of bounds."

The athletic program is governed by the regulations established by the Commissioner of Education's basic code for extra-class athletic activities.

Westport Central School is a member of the New York State High School Athletic Association, NYSHAA, competing as a Class "D" school in Section VII. Westport Central School is a member of the Mountain and Valley Athletic Conference.

If there is anything we can do to make your participation a better learning experience in athletics please feel free to contact the Athletic Director at Westport Central School at 962-8244 or FAX 962-4571

Sincerely,  
*Brad Rascoe*

Brad Rascoe  
Athletic Director

## **PHILOSOPHY OF VARSITY ATHLETICS AT WESTPORT CENTRAL SCHOOL:**

The Westport Central School Board of Education believes that athletics is an integral part of the school's program of education as it seeks to provide experiences that will help boys and girls to grow physically, mentally, and emotionally. Emphasis is placed on educating youngsters through athletics, as well as teaching athletic skills.

Participation in athletics is beneficial in terms of better health, physical fitness, and improved motor skills and is also important in other intangible areas as well. The desire to succeed and to excel should be instilled in students as well as helping to develop better self-discipline and emotional maturity. Respect for authority, respect for the rights of others and their property and developing high ideals of fairness in people-to-people relationships are definite desirable learning outcomes in athletics.

Winning, involving the spirit of competition, is an immediate objective in all athletic contests, but is not an end in itself. The desire to win can and should be used to stimulate the achievement of ultimate objectives.

Here at Westport, one of our main objectives is to instill in our student-athletes that success is achieved through hard work, sacrifice, responsibility, loyalty, preparedness, and dedication. We believe that acquiring these traits will benefit the student-athletes throughout their lives.

## **PHILOSOPHY OF MODIFIED ATHLETICS AT WESTPORT CENTRAL SCHOOL:**

The Westport Central School Board of Education believes that modified sports are an integral part of our athletic program.

This program is for students in grades 7, 8, 9 and is governed by the New York State Public High School Athletic Association and the Mountain and Valley Athletic Association.

The modified program is to encourage student participation, (in which every student will participate in practices and games), have fun, build upon life long lessons and keep academics and athletics in balance.

**CODE OF ETHICS IN ATHLETICS AT WESTPORT  
CENTRAL SCHOOL AND IN PARTNERHSIP WITH THE  
MOUNTAIN AND VALLEY ATHLETIC CONFERENCE:**

It is the duty of all concerned with school athletics:

- To emphasize the proper ideals of sportsmanship, ethical conduct and fair play.
- To eliminate all possibilities which tend to destroy the best values of the game.
- To stress the values derived from playing the game fairly.
- To show cordial courtesy to visiting teams and officials.
- To establish a happy relationship between visitors and hosts.
- To respect the integrity and judgment of sports officials.
- To achieve a thorough understanding and acceptance of the rules of the game and the standards of eligibility.
- To encourage leadership, use of initiative, and good judgment by the players on a team.
- To recognize that the purpose of athletics is to promote the physical, mental, moral, social, and emotional well-being of the individual players.
- To remember that an athletic contest is only a game-not a matter of life and death for players, coach, school, official, fan or community.

## **MOUNTAIN AND VALLEY ATHLETIC CONFERENCE:**

M.V.A.C:

The following Code of Ethics for all sports will be in effect during all travel times; time of arrival at the game site, during the game, during departure, as well as any other instance in which coaches or school personnel feel should be brought forth. The Code of Ethics pertains to Players, Coaches, Officials and Fans.

- A) There will be no derogatory remarks, gestures, profanity or physical abuse to a player, coach, official or fan.
- B) Any player ejected from a game (for reasons described in "A" above) will automatically sit out the next league game. It is the responsibility of both coaches to notify the League Secretary by the end of the next day.
- C) A player ejected from two games (for reasons described in "A" above) during any season is automatically expelled for the remainder of that season.
- D) Observations by School Personnel of any unsportsmanlike conduct will be brought to the attention of the coach of their school who will then notify the appropriate personnel of the affected school and send a follow-up form to:
  - 1. Superintendent of Schools of the affected school
  - 2. League Secretary
  - 3. Opposing Coach
  - 4. Keep a copy for him or herself

Special cards will be developed by the League to use in reporting such observations.

At each League meeting these cards will be brought to the attention of all present for information and discussion.

## **STAKEHOLDER'S EXPECTATIONS:**

We desire an Athletic Program of excellence and strive to win every contest in which our teams compete. Central to the goals of Westport Central School is the belief that interscholastic athletics can and should enhance the character of our youth. We put forth the following as the positive expectations we hold for the primary stakeholders in our Athletic Program.

### **Coach's Code:**

We understand that the Athletic Director and Coaches are leaders, and are dedicated to more than the X's and O's of competition. As a professional educator, leader and role model for students, the high school Coach or Athletic Director will:

- Exemplify the highest moral character as a role model for young people.
- Recognize the individual worth and reinforce the self-image of each team member.
- Establish a realistic team goal or vision for each season and communicate that to the athletes and parents.
- Encourage and assist team members to set personal goals to achieve their highest academic potential.
- Create a set of training rules for athletes that reflect the positive values of abstaining from the use of alcohol, tobacco and other drugs (performance degrading substances).
- Strive to develop the qualities of competence, character, civility and citizenship in each team member.
- Provide a safe, challenging and encouraging environment for practice and competition.
- Gain an awareness of the importance of prevention, care and treatment of athletic injuries.
- Respect the integrity and judgment of the game officials.
- Teach and abide by the rules of the game in letter and in spirit.
- Build and maintain ethical relationships with coaches and administrators.
- Strive for excellence in coaching skills and techniques through professional improvement.
- Promote personal fitness and good nutrition.
- Be modest in victory and gracious in defeat.

### **Parent's Code:**

We understand that parents play a vital role in the development of student athletes and the success of our Program. Therefore we encourage parents to:

- Be a positive role model through your own actions to make sure your child has the best athletic experience possible.
- Be a "team" fan, not a "my kid" fan.
- Weigh what your children say; they will tend to slant the truth to their advantage.
- Show respect for the opposing players, coaches, spectators and support groups.
- Be respectful of all officials' decisions.
- Don't instruct your children before or after a game, because it may conflict with the coach's plans and strategies.
- Praise student-athletes in their attempt to improve themselves as students, as athletes and as people.
- Gain an understanding and appreciation for the rules of the contest. Recognize and show appreciation for an outstanding play by either team.
- Help your child learn that success is experienced in the development of their skills and that they can feel good about themselves, win or lose.
- Take time to talk with coaches in an appropriate manner, including proper time and place, if you have a concern. Be sure to follow the designated chain of command.
- Please reinforce our alcohol, tobacco and other drug-free policies by refraining from the use of any such substances before and during athletic contests.
- Remember that a ticket to a school athletic event is a privilege to observe the contest.

### **Supporter's (other adult stakeholder) Code:**

We understand that the larger school-community has an interest and investment in the success of our Athletic Program. These other adults in the community can play a key role in reinforcing the educational goals of our Program. Therefore we encourage these important Program supporters to:

- Remember that a ticket to a school athletic event is a privilege to observe the contest.
- Be a positive role model through their behavior at athletic contests.
- Show respect for the opposing players, coaches, spectators and support groups.
- Be respectful of all officials' decisions.
- Recognize and show appreciation for an outstanding play by either team.
- Praise student-athletes in their attempt to improve themselves as students, as athletes and as people.
- Gain an understanding and appreciation for the rules of the sport.
- Please reinforce our alcohol, tobacco and other drug-free policies by refraining from the use of any such substances before and during athletic contests.

### **Athlete's Code:**

We know that less than 5% of high school athletes go on to play team sports at the college level. Therefore, we understand that high school athletics provide a unique opportunity for the development of not only physical conditioning and athletic skill, but also character traits essential for success in life. To that end we challenge every athlete to strive for the following:

#### **Competence** - *the necessary level of knowledge and skill to sufficiently train and compete:*

- To develop the skills necessary to participate competently in the game.
- To demonstrate knowledge of the rules and conventions of the game.
- To demonstrate knowledge of the strategies of the game.
- To demonstrate a level of physical conditioning and fitness sufficient to participate competently in the game.
- To demonstrate knowledge of healthy behaviors including nutritional issues.
- To understand the necessity of abstaining from the use of alcohol, tobacco, and other drugs in order to achieve the positive benefits of interscholastic athletics.

#### **Character** - *the pattern of beliefs, attitudes and therefore behavior that relates to moral strength, constitution and essential qualities that embrace the positive values of Westport Central School and the Community*

- To be dependable in fulfilling obligations and commitments.
- To accept responsibility for consequences of actions and not to make excuses or blame others.
- To strive to excel.
- To be committed.
- To persevere, give 100% effort and not give up in the face of setbacks.
- To demonstrate truthfulness.
- To play by the rules of the game and not cheat.
- To control anger and frustration and refrain from displays of temper and bad language.
- To accept losing and winning graciously; to congratulate opponents, not sulk, or display other negative behaviors.

**Civility** - *to demonstrate behavior that exemplifies appropriate respect and concern for others.*

- To practice good manners on and off the field.
- To refrain from trash talk and other put-downs of opponents and teammates.
- To treat all persons respectfully regardless of individual differences to show respect for legitimate authority (e.g. Coaches Officials Captains).
- To be fair and treat others as one wishes to be treated.
- To listen to and try to understand others.
- To be compassionate and sensitive to others.
- To actively support teammates and others.

**Citizenship** - *social responsibility as part of a community.*

- To be faithful to the ideals of the game including sportsmanship.
- To keep commitments to team.
- To show team spirit, encourage others and contribute to good morale.
- To put the good of the team ahead of personal gain.
- To work well with teammates to achieve team goals.

**To accept responsibility and to set a good example for teammates, younger athletes, fans and the school community.**

## **YOU ARE ELIGIBLE FOR VARSITY SPORTS:**

1. If you are a high school student in regular attendance in grades 9, 10, 11, or 12.
2. Exceptions to the above are those students who participate under the selection-classification system. (The selection classification system allows students to participate in high school athletics at grade 7 or 8, providing they meet state-mandated requirements. These include minimum standards in physical maturity, physical fitness and skill level.)

## **YOU ARE ELIGIBLE FOR MODIFIED SPORTS:**

1. If you are in grades 7, 8, or 9.
2. If you do not reach 16 years of age before the start of a specific sport season
3. Students at Westport Central School will be kept on the modified level of competition unless they are the exceptional athlete or have followed the above rules for varsity eligibility.
4. Every modified student who makes the team will play every contest.

## **ATTENDANCE POLICY:**

The attendance office will maintain a daily list of those students who were absent or arrive after the beginning of homeroom period (8:05 a.m.). Any student not specifically excused by the administration or not having a written legal excuse, or appointment, will be ineligible for any activity that day (practice or game performance). Sickness does not constitute a valid excuse.

Legal excuses:

- Sickness or death in the family
- Impassable roads or weather
- Religious observance
- Quarantine
- Required to be in court
- Music lesson
- Attendance at health clinics
- Approved cooperation work program
- Approved college visits
- Military obligations

If the school nurse sends a student home from school, he or she will not be allowed to participate in a game or practice that day.

## **STUDENT ELIGIBILITY:**

According to the Commissioner's Regulations, a pupil shall be eligible for interschool competition in a sport during a semester, provided that he/she is a bonafide pupil, enrolled during the first 15 days of such semester, is registered in the equivalent of three regular courses, is meeting the physical education requirement and has been in regular attendance 80% of the school time.

Each individual team has its own regulations concerning number of practices before being eligible for competition. Your coach will inform you of these rules.

### **DURATION OF COMPETITION:**

A student shall be eligible for high school athletic competition in a sport during each of four consecutive seasons of such sport in grades 9, 10, 11 and 12 until his/her nineteenth birthday. If the age of nineteen years is reached on or after July 1, the student may continue to participate during that school year in all sports. NOTE: Students may be eligible regardless of age or grade if they have been approved through the State Education Department's Selection/Classification Program.

### **TRANSPORTATION:**

Students participating in activities that require transportation must ride the school bus both going to and returning from the activity. Parents may request to provide transportation by filling out our Parent Transportation Request Form (see attachment B).

### **DROPPING A SPORT ACTIVITY:**

On occasion an athlete may find it necessary to drop a sport for a good reason. If this is the case, the following required procedure should be followed.

- A. Talk with your head coach of the sport you are playing.
- B. Report your situation to the Athletic Director or Guidance Counselor.
- C. Check in all equipment issued.

Failure to follow the above procedure could lead to ineligibility for the next sports season.

## **SPORTS PHYSICALS:**

Sports physicals will be given and approved by our school doctor before a student is allowed to practice or participate in a game. The sports physical is in force for one calendar year; however, proceeding each sport season a PARENT'S PERMIT AND HEALTH QUESTIONNAIRE must be completed and returned to the team coach before an athlete may begin practicing. (See Attachment C)

All school athletes having a significant illness or injury necessitating absence from school for five or more days must be seen by the school nurse in order to resume participation with their team.

## **INJURIES:**

It is extremely important to report any injury to your coach immediately. Medical expenses resulting from any injury must be first submitted to your own insurance carrier and then any remaining balance can be submitted to the school accident insurance carrier. Note: The school accident insurance provides only excess coverage according to a fee schedule.

## **RISK FACTORS IN SPORTS:**

Participation in sports involves a certain degree of risk for injury. Before going out for a team, we want you to be aware of the risk so you will be better able to reduce your chance for injury. Preseason conditioning, learning the skills and techniques, and knowledge of rules and safety factors will help you have a healthy season.

## **SCHEDULED PRACTICE:**

Students are required to attend every scheduled practice called by a coach unless excused by the coach. Failure to follow this rule can result in suspension for the next game. If this rule is broken again, the student can be dismissed from the team. (No practices are allowed on Sundays)

### **ATHLETIC UNIFORMS:**

School athletic uniforms and equipment may not be used or worn at outside-of-school activities unless permission from the school administrator or athletic director is obtained. Athletes violating this rule will not be allowed to participate in the next scheduled game or event. All uniforms and equipment must be turned in at the end of that particular sport season or the athlete will be liable for replacement cost.

### **SUSPENSION FROM SCHOOL:**

Any athlete who is suspended from school will not be allowed to play or practice during the day of suspension.

### **SUSPENSION FROM A TEAM:**

Any athlete who is suspended from a team for the remainder of the season will lose all rights to any awards that he/she may be eligible for in that particular sport.

### **PARTICIPATION IN SPORTS:**

A student may participate in only one in-school sport during a particular sport season.

## **ACADEMIC ELIGIBILITY:**

The athletic program at Westport Central is an important and integral part of the school community. It is important, however, for students and parents to understand that academics are our first priority. It is with that in mind that we have established academic eligibility rules. Grades are checked every five weeks to determine eligibility. Probation and ineligibility status do not have to be in consecutive weeks, but accumulated during that particular sport season. Any athlete on probation or ineligible is subject to a weekly grade check.

1st and 2nd weeks, deficient in two or more subjects: **On Probation**

3rd week, deficient two or more subjects: **Ineligible** (Ineligibility continues on a weekly basis)

Deficiencies may be defined as (a) a negative academic report, (b) a failure in a particular subject, or (c) an incomplete grade.

Probation may be extended if teachers feel the student is making appropriate progress towards a passing grade in all courses. Probation and ineligibility ends when an athlete is not deficient in any classes for 2 consecutive grade checks.

**An athlete on Probation:** may practice with the team and compete in all contests.

**An athlete listed as Ineligible:** may practice with the team, but may not dress for competitions, may not travel with the team and may not compete in any contest.

## **APPEARANCE AND BEHAVIOR:**

Students who represent Westport Central School should be neat and dress in good taste. Responsible, mature behavior is expected. Students are required to follow the guidelines found throughout the Student Handbook.

## **HAZING:**

Hazing by athletic participants is prohibited by the Westport Central School District. Violations of this section of the Handbook will result in suspension or removal from the team.

## **TRAINING RULES AND REGULATIONS:**

It is the overwhelming opinion of health educators and coaches that athletes perform best when they follow intelligent training rules that includes abstinence on tobacco, alcohol and drugs. Medical research clearly substantiates the fact that the use of tobacco, alcohol and any type of mood modifying substances produce harmful effects on the human body. Student-athletes have to decide, if you want to be an athlete, "you have to pay the price" in order to be a competitor. A big part of the price is following a simple set of training rules that we all believe to be fair.

It is a fact that the use of tobacco, use of alcohol and drug abuse is injurious to the development of human growth. You cannot compromise athletics with substances abuses. The student who wishes to experiment with such abuses should remove him/herself from the team before he/she jeopardizes team morale, team reputation and team success and does physical harm to him/herself.

**USE OF TOBACCO-** research emphasizes that use of tobacco is physically harmful to young adults. The harm done by this is not only a health problem. The community follows the progress of young athletes and any deviation from accepted training rules marks one as unwilling to "pay the price". If one squad member breaks the rules, the whole team is branded as non-trainers. **This rule means no use of tobacco all year, in or out of season.**

**NO ALCOHOLIC BEVERAGES-** There is no way to justify athletes using alcoholic beverages, even though social pressure may be hard to resist. The people who would like to draw the athlete into their drinking sessions will be the first to criticize the athlete if he does not "come through" in a game. Again, **this rule means no drinking all year, not just during the season.**

**DRUGS-** Simply stated, drug abuse is the consumption of any chemical substance or the smoking of some plant derivatives for the purpose of mood modification. The use or misuse of drugs is a social problem. Students with a strong sense of purpose have no need for mood modifiers. **The rule against substance abuse is in effect all year.**

## **VIOLATIONS:**

The importance of enforcement of all regulations in this handbook should be apparent. A firm and fair policy of enforcement is necessary to prevent a travesty being made of regulations. The community, school administrators and coaching staff feel strongly that high standards of conduct and citizenship are essential in maintaining a sound program of athletics. It is our intent to preserve rules that reasonably pertain to the health and safety of the individual and to the orderly conduct of sports. We do not wish to establish arbitrary personal preferences to issue absolute uniformity. The welfare of the student is our major consideration. What happens to them is of primary importance. Hopefully, their welfare transcends any other consideration.

In the event an athlete fails to comply with these necessary standards during the sports season, it will be interpreted by the Athletic Department as an indication that the athlete does not have sufficient desire to participate in the interscholastic athletic program. Therefore, the athlete will be denied the privilege of participating until such time as he/she can prove this desire.

## **DISCIPLINE PROCEDURE:**

### **First Offense:**

Student Athlete shall receive a six-week suspension from play. This will be reduced to three weeks if the student (and preferably a parent) volunteers to take part in a 2 -3 session educational assessment/screening addressing the issues which have resulted in said consequences. A student who is honest and admits, when first questioned, his/her involvement with alcohol, drugs, or tobacco will have a one-week reduction in the participation penalty. During this time the Athlete must practice but may not compete. The athlete must also address the coaches and team prior to resumption of participation

### **Second Offense:**

The Student Athlete shall receive a three-month suspension from play and a mandatory assessment by competent counseling staff. This may be done in-house or on a referral basis, depending upon available resources. During this time the Athlete must practice but may not compete. This is not intended to supersede a coach's prerogative to dismiss a player who is disruptive.

### **Third Offense:**

The third offense triggers full expulsion from the Athletic program for the rest of the student's athletic career at that level. If involved in modified athletics, student may advocate for resumption of participation when eligible for varsity play. If at the varsity level, their participation in athletic will be finished.

**Special Circumstances** - The Athletic Director has the discretion to impose consequences of greater magnitude if s/he feels the athlete has not learned from said consequences, has not made corrective changes in behavior or is not willing to carry out the prescribed restorative measures. The Athletic Director may also impose a greater level of consequence if the Athlete has been deceptive or untruthful prior to determination of guilt and consequences.

**APPEALS PROCEDURE:**

- 1. A written appeal must be presented to the Athletic Director within five days of the initial ruling.**
- 2. The student shall have the privilege of representation.**
- 3. The appeals committee (coach, guidance counselor and athletic director) shall render a decision within five days, in writing, to the student and his/her parents or guardian.**

## **WESTPORT CENTRAL SCHOOL ATHLETIC PARTICIPATION**

### **AND RECOGNITION AWARD SYSTEM:**

The award system is a point system which is based on the amount of participation of each individual in the interscholastic program at Westport. Each participant will receive the AWARD or AWARDS that he or she has earned at the Athletic Banquet.

#### **Awards will be given on the following point system:**

Participation in a Modified Sport = 30 pts.      Manager for an athletic team = 20 points

Participation in a Varsity or JV Sport = 60 pts.      Chart /scorekeeper for an athletic team = 10 pts.

#### **Boy & Girl Student Athlete**

1. Letter Award: A letter award may be earned by the accumulation of 300 points, which must include at least one Varsity sport; or by 3 years of participation in the same sport. Example: Three years of Soccer.

2. 500 Pt. Award: Any athlete accumulating a total of 500 points is eligible for a plaque award.

3. M.V.A.C League Championship: A trophy will be awarded to each player & manager on a sanctioned league championship team.

4. Section VII Championship: A picture plaque will be awarded to each player & manager who win a Section 7 Championship in their classification.

5. State Final Four Participation: Jackets will be awarded to team members & manager on a New York State Final Four Team.

Only one jacket will be awarded to a participant over a two (2) year period per sport. If a player is on more than one championship team over a two (2) year period, they will receive numerals to put on their jacket.

**In order to receive a League, Section VII or State Final Four award, a student-athlete must be a member of the team for at least half of the regular league schedule.**

## **ATHLETIC ACHIEVEMENT AWARD:**

The ***Eagle Award*** was established to honor the athlete from each varsity team who best exhibits the qualities it takes to be an outstanding and successful Student-Athlete at Westport Central School. The desired qualities include: a positive role model both on the field and in the classroom, leadership, teamwork, dedication, sportsmanship and outstanding athletic performance on the field or court. Team members vote on the award at the completion of the season.

**Westport Athletic Department**  
**Emergency Information and Parent Consent**

Name \_\_\_\_\_ Birthdate \_\_\_\_\_

Age \_\_\_\_\_

Grade \_\_\_\_\_

Parent's Name \_\_\_\_\_ Home Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_

Day Phone of Parents: Father \_\_\_\_\_ Mother \_\_\_\_\_

In an emergency, if the parents cannot be reached, notify:

\_\_\_\_\_  
Name (please print) Phone

\_\_\_\_\_  
Name (please print) Phone

Family Doctor \_\_\_\_\_ Phone \_\_\_\_\_

Known Allergies \_\_\_\_\_

Permission is hereby granted to the attending physician to proceed with any medical or minor surgical treatment, e-ray examination and immunizations for the above named student. In the event of an emergency arising out of serious illness, the need for major surgery, or significant accidental injury, I understand that an attempt will be made by the attending physician to contact me in the most expeditious way possible. If said physician is not able to communicate with me, the treatment necessary for the best interest of the above-named student may be given.

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

**PARENT AND STUDENT AWARENESS**

**Please sign this form, and return it to the team coach.**

I have read and understand the athletic handbook guidelines, procedures, risk factors and training rules. I accept full responsibility for all of my actions as a parent and as an athlete.

_____	_____
(Print Student-Athlete's Name)	(Sport)
_____	_____
(Signature of Student-Athlete)	(Date)
_____	_____
(Signature of Parent/Guardian)	(Date)

**PARENT TRANSPORTATION REQUEST**

The undersigned, the parent(s) or legal guardian(s) of \_\_\_\_\_, a student at Westport Central School, does hereby consent to and authorize the Westport Central School District to permit their child to be released into their physical custody or into the physical custody of the adult(s) listed below from any school sponsored field trip, extra-curricular activity or other similar event at which said child may be a participant or spectator.

The authorized adult will advise the supervisory staff from the school in person at the off-campus event and site that the child will be transported home by them. Before the student can be released, the authorized adult must sign out with the appropriate supervisory staff.

Any violation of this authorization by the parent(s)/guardian(s), or the child, shall result in automatic termination of this privilege and the child will thereafter not be permitted to leave an off-campus activity and must return to the school grounds for pickup by the parent(s)/guardian(s).

I/We accept the terms, including the termination clause, of this authorization. I/We realize that by signing this release, I/we are releasing the above named Westport Central School District, its employees and agents from any and all liability attendant to this release authorization.

This authorization shall be in force from:

Noember 1,2011 – March 23, 2012

My child can be released to the following authorized adults:

<u>NAME</u>	<u>RELATIONSHIP TO THE STUDENT</u>
_____	_____
_____	_____
_____	_____
_____	_____
<b>Signature (Parent/Guardian)</b>	<b>(Date)</b>
_____	_____
<b>Signature of Superintendent</b>	<b>Date</b>
<b>Any other arrangement or special request must be pre-approved by the Superintendent of Schools.</b>	

**WESTPORT CENTRAL SCHOOL PARENT'S PERMISSION AND HEALTH QUESTIONNAIRE**

**INSTRUCTIONS:** this form must be completed, signed, and returned to the team coach before the student will be permitted to practice or play.

NAME OF STUDENT \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_/\_\_\_\_/\_\_\_\_  
 (type or print) month day year

NAME OF SPORT: \_\_\_\_\_ GRADE IN SCHOOL: \_\_\_\_\_

\*Westport Central School Handbook regulations provide that any student who intends to participate in school interscholastic athletics activities including: cheerleading, must have on file in this school a record of satisfactory physical examination performed by the school physician within the previous year. More frequent examinations may be required. The student above has this form on file: YES \_\_\_\_\_ NO \_\_\_\_\_

The following questions must be answered by the parent or guardian: Please circle the appropriate answer.

- |   |     |    |
|---|-----|----|
| 1. Has the student been hospitalized since the above physical examination?  | YES | NO |
| 2. Has the student had a major injury since the above physical examination?   | YES | NO |
| 3. Has the student been found to have only one organ of usually paired organs?<br>(example: one kidney or one good eye)                         | YES | NO |
| 4. Has the student required medication on a daily or episodic routine?  | YES | NO |
| 5. Has the student been knocked unconscious at any time within the past 12 months?  | YES | NO |
| 6. Does the student require a tetanus (lockjaw) booster?<br>(needed every 10 years)   | YES | NO |
| 7. Do you know or believe there is any health reason why this student should not participate interscholastic athletics, including cheerleading? | YES | NO |

If yes why? \_\_\_\_\_

The undersigned here within:

1. Grants the above-named student permission to participate in sport activities.
2. Grants permission to take the student on supervised trips connected with sport activities.
3. Understands that the student must refrain from practice or play during medical treatment until he or she is "discharged from treatment or is given "written permission by the attending physician to resume participation.
4. Certifies that the answer to the questions above are correct and true

DATE: \_\_\_\_/\_\_\_\_/\_\_\_\_  
 MONTH DAY YEAR

SIGNED \_\_\_\_\_  
 Signature of parent or guardian